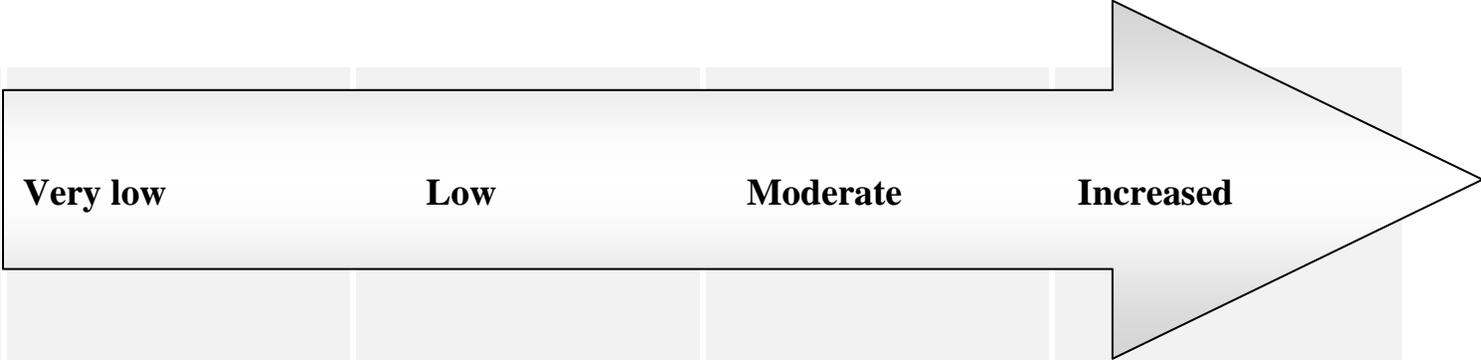


RHEOLOGY TRAINING – FEEDING PLANS MARCH 2010

FOOD ITEMS CATEGORIZED USING A CONTINUUM OF TEXTURE PARAMETERS

SCALE				
	Very low	Low	Moderate	Increased
PARAMETERS				
FIRMNESS	Pudding Yogurt	Very ripe banana White fish	Large pasta Ham without skin	Bagel Raw carrot
ADHESION	-----	Banana Avocado	Buttered toast Pureed poultry	Nougat Peanut butter
COHESION	-----	Long grain steamed rice Crackers	Banana Cooked egg yolk	Litchi Cooked egg white
ELASTICITY	-----	Banana Hummus	Cake Bread crumbs	Cheese curds Firm tofu