



The Association Professionnelle des Nutritionnistes Experts en Dysphagie (APNED) is an organization of die titans from the province of Quebec who are practicing in various types of health care centers.

There are three mandates for this association:

- ⇒ Sharing expertise and encouraging exchange of information regarding clinical practice in the area of dysphagia;
- ⇒ Fostering the development of competencies in the area of dysphagia ;
- ⇒ Actively participating in discussions concerning position statements and decision making in the management of dysphagia.

APNED also organizes several informative continuing education sessions and coordinates a provincial rheology committee.

Feeding and Dysphagia Training: How can mealtime be improved?

Ready to use Training manual

This training manual offers insight on how to improve competencies in dysphagia management. It acts as a training support tool that allows your students to be more prepared for the work place and also provides existing employees with the knowledge and tools required to work more efficiently and effectively within an interdisciplinary team.

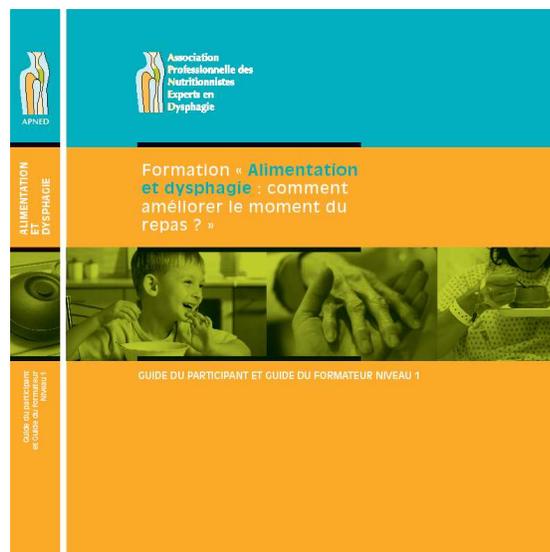
You will find a description of the training manual in the following paragraphs.

This manual is geared towards training:

- ⇒ Nurses' aides, orderlies, volunteers, recreational services, etc
- ⇒ CHSLD or long-term care centers, Acute care hospital centers, CLSC or community health care, Schools involved in training , etc.

The objectives of this manual are for participants to:

- ⇒ Know the different components of nutritional treatment ;
- ⇒ Understand underlying risks;
- ⇒ Recognize main clinical signs of aspiration;
- ⇒ Understand the importance of interdisciplinary team work ;
- ⇒ Know the environmental factors which influence meal time;



⇒ Consider the individual needs and particularities when feeding someone with dysphagia

Description

The training manual includes :

⇒ Instructor manual : Objectives, Training methods, Evaluation questionnaires

⇒ Compact disk : Visual support - PowerPoint presentation

⇒ Participant manual (1 copy)

1. Introduction to dysphagia (60 to 75 minutes)

Anatomy and physiology

Definitions

Prevalence

Nutritional treatment

Consequences and risk factors

2. Feeding techniques, an introductory approach ! (30 to 45 minutes)

Meal time preparation

Positioning

Stimulation and rhythm

Autonomy and oral hygiene

3. Practice scenarios (60 to 120 minutes)

Thickened liquids

Positioning

Stimulation and rhythm

Use

Depending on the needs of your center it is possible to teach the modules one at a time individually or to have a longer training session and teach them together.

References et resources

References are included to allow you to complete the exercises and teaching sessions while taking into account resources available to you (human and financial) and the time allocated for the training session.

APNED is available as a resource for any questions you have regarding the training and to ensure efficient and effective transfer of information.

How to reach us?

By mail:

APNED

CP 76555

CP Bélanger

Montréal, Qc

H1T 4C7

By telephone: (514) 884-8398

By email: Information@apned.info